

You have magical energy inside you!

This fun and colorful guide helps kids understand their chakras, feelings, and how to grow happy, healthy, and confident every day!

In this book, you will:



Learn about the **7 chakras** and their superpowers.



Understand your **feelings** and how to manage them.



Build **kindness**, **confidence**, and self-love.



Enjoy **fun activities**, breathing exercises, and more!

You are amazing.
You are magical.
You are **YOU!**



My Magical Energy Inside Me

My Magical Energy Inside Me

A Fun Guide to Chakras, Feelings, and Happiness



by

Chenni Valavan

Discover your inner magic.
Shine with love, kindness, and joy!